

JANUARY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 <i>HAPPY NEW YEAR!!!</i>	2	3	4
5	6	7	8	9	10	11 Headaches 9-3
12 Headaches 9-3	13 Lomi Lomi 6-10	14 Lymph Drainage 6-10	15 Lomi Lomi 6-10	16 Lymph Drainage 6-10	17	18 SK/DT 9-6
19 SK/DT 9-6	20 MLK Day Lomi Lomi 6-10	21 Lymph Drainage 6-10	22 Lomi Lomi 6-10	23 Lymph Drainage 6-10	24	25 SK/DT 9-6
26 SK/DT 9-6	27 Sw/Am 9-2 Lomi Lomi 6-10	28 Sw/Am 9-2 Lymph Drain 6-10	29 Sw/Am 9-2 <u>Lomi Lomi 6-10</u>	30 Sw/Am 9-2 Lymph Drainage 6-10	31	

February 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 SK/DT 9-5
2 SK/DT 9-5	3 Sw/Am 9-2 Aromatherapy 9-2	4 Sw/Am 9-2 Acupressure 9-2 Anat/Phys 6-10 <u>Lymph Drainage 6-10</u> Business 6-10	5 Sw/Am 9-2 Aromatherapy 9-2	6 Sw/Am 9-2 Acupressure 9-2 Anat/Phys 6-10 Business 6-10	7	8 SK/DT 9-5 Magnets 9-5
9 SK/DT 9-5	10 Sw/Am 9-2 Aromatherapy 9-2 Body Mechanics 6-10	11 Sw/Am 9-2 Acupressure 9-2 Anat/Phys 6-10 Business 6-10	12 Sw/Am 9-2 Aromatherapy 9-2 Body Mechanics 6-10	13 Sw/Am 9-2 Acupressure 9-2 Anat/Phys 6-10 Business 6-10	14 <i>Happy Valentine's Day!</i>	15 SK/DT 9-5 Craniosacral 9-4
16 SK/DT 9-5 Craniosacral 9-4	17 President's Day Sw/Am 9-2 <u>Aromatherapy 9-2</u> Body Mechanics 6-10	18 Sw/Am 9-2 Acupressure 9-3 Anat/Phys 6-10 Business 6-10	19 Sw/Am 9-2 Body Mechanics 6-10	20 Sw/Am 9-2 <u>Acupressure 9-3</u> Anat/Phys 6-10 <u>Business 6-10</u>	21	22 SK/DT 9-5 Craniosacral 9-4
23 SK/DT 9-5 <u>Craniosacral 9-4</u>	24 Sw/Am 9-2 <u>Body Mechanics 6-10</u>	25 Sw/Am 9-2 Anat/Phys 6-10 Myofascial Rel 6-10	26 Sw/Am 9-2 Onc/Hospital 6-10	27 Sw/Am 9-2 Anat/Phys 6-10 Myofascial Rel 6-10	28	

March 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 SK/DT 9-5
2 SK/DT 9-5 Spa Therapies 9-5	3 Sw/Am 9-2 Onc/Hospital 6-10	4 Sw/Am 9-2 Anat/Phys 6-10 Myofascial Rel 6-10 Pathology 6-10	5 Sw/Am 9-2 Onc/Hospital 6-10	6 <u>Sw/Am 9-2</u> Anat/Phys 6-10 Myofascial Rel 6-10 Pathology 6-10	7	8 SK/DT 9-5
9 Daylight Savings <u>SK/DT 9-5</u> Spa Therapies 9-5	10 Onc/Hospital 6-10	11 Anat/Phys 6-10 Myofascial Rel 6-10 Pathology 6-10	12 <u>Onc/Hospital 6-10</u>	13 <u>Anat/Phys 6-10</u> Myofascial Rel 6-10 Pathology 6-10	14	15
16 <u>Spa Therapies 9-5</u>	17 St. Patricks Day Headaches 6-10	18 <u>Myofascial Rel 6-10</u> Pathology 6-10 Office/Chair 6-10	19 Headaches 6-10	20 Pathology 6-10 Office/Chair 6-10	21	22 Sw/Am 9-5
23 Sw/Am 9-5	24 <u>Headaches 6-10</u>	25 <u>Pathology 6-10</u> Office/Chair 6-10	26	27 Office/Chair 6-10	28	29 Sw/Am 9-5
30 Sw/Am 9-5	31					

April 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		April Fools Day 1 <u>Office/Chair 6-10</u>	2	3	4	5 Sw/Am 9-5
6 Sw/Am 9-5	7 Lymph Drainage 9-2 Sports 9-3 Cupping 6-10	8 Pranic Healing 9-2	9 Lymph Drainage 9-2 Sports 9-3 Cupping 6-10	10 Pranic Healing 9-2	11	12 Sw/Am 9-5
Palm Sunday 13 Sw/Am 9-5	14 Lymph Drainage 9-2 Sports 9-3 Cupping 6-10	15 Pranic Healing 9-2	16 Lymph Drainage 9-2 Sports 9-3 Cupping 6-10	17 <u>Pranic Healing 9-2</u>	18 Good Friday	19
Easter Sunday 20	21 Lymph Drainage 9-2 Sports 9-3 Cupping 6-10	22	23 <u>Lymph Drainage 9-2</u> Sports 9-3 Cupping 6-10	24	25	26 Sw/Am 9-5
27 Sw/Am 9-5	28 Sports 9-3 <u>Cupping 6-10</u>	29	30 <u>Sports 9-3</u>			

May 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3 Sw/Am 9-5 Adv Pranic 9-5
4 Sw/Am 9-5 <u>Adv Pranic 9-5</u> Business 9-5	5 SK 9-2 Body Mechanics 9-2	6 Deep Tissue 9-2 Anat/Phys 6-10 Acupressure 6-10	7 SK 9-2 Body Mechanics 9-2 Acupressure 6-10	8 Deep Tissue 9-2 Anat/Phys 6-10	9	10 Sw/Am 9-5
Mother's Day 11 Sw/Am 9-5 Business 9-5	12 SK 9-2 Body Mechanics 9-2	13 Deep Tissue 9-2 Anat/Phys 6-10 Acupressure 6-10	14 SK 9-2 <u>Body Mechanics 9-2</u> Acupressure 6-10	15 Deep Tissue 9-2 Anat/Phys 6-10	16	17 <u>Sw/Am 9-5</u>
18 <u>Business 9-5</u>	19 SK 9-2	20 Deep Tissue 9-2 Anat/Phys 6-10 Acupressure 6-10	21 SK 9-2 Acupressure 6-10	22 Deep Tissue 9-2 Anat/Phys 6-10	23	24
25	Memorial Day 26	27 Deep Tissue 9-2 Anat/Phys 6-10 Acupressure 6-10	28 SK 9-2 <u>Acupressure 6-10</u>	29 Deep Tissue 9-2 Anat/Phys 6-10	30	31

June 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 SK 9-2 Cupping 9-2 Sw/Am 6-10	3 Deep Tissue 9-2 Anat/Physio 6-10 Sw/Am 6-10	4 SK 9-2 Cupping 9-2 Sw/Am 6-10	5 Deep Tissue 9-2 Anat/Physio 6-10 Sw/Am 6-10	6	7 Myofascial Rel 9-4 Magnets 9-5
8 Myofascial Rel 9-4	9 SK 9-2 Cupping 9-2 Sw/Am 6-10 Lomi Lomi 6-10	10 Deep Tissue 9-2 Anat/Physio 6-10 Sw/Am 6-10	11 SK 9-2 Cupping 9-2 Sw/Am 6-10 Lomi Lomi 6-10	12 Deep Tissue 9-2 <u>Anat/Physio 6-10</u> Sw/Am 6-10	13	14 Myofascial Rel 9-4
15 Father's Day <u>Myofascial Rel 9-4</u>	16 <u>SK 9-2</u> Cupping 9-1 Sw/Am 6-10 Lomi Lomi 6-10	17 Deep Tissue 9-1 Sw/Am 6-10	18 <u>Cupping 9-1</u> Sw/Am 6-10 Lomi Lomi 6-10	19 Juneteeth Deep Tissue 9-1 Sw/Am 6-10	20	21 Headaches 9-3
22 <u>Headaches 9-3</u>	23 Sw/Am 6-10 Lomi Lomi 6-10	24 <u>Deep Tissue 9-1</u> Sw/Am 6-10	25 Sw/Am 6-10 <u>Lomi Lomi 6-10</u>	26 Sw/Am 6-10	27	28
29	Sw/Am 6-10					

July 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Sw/Am 6-10	2 Sw/Am 6-10	3 Sw/Am 6-10	4 Independence Day 4	5
6	7 Sw/Am 6-10 Reflexology 6-10	8 Sw/Am 6-10	9 Sw/Am 6-10 Reflexology 6-10	10 Sw/Am 6-10	11	12 Pathology 9-4
13 Pathology 9-4	14 Sw/Am 6-10 Reflexology 6-10 Pranic Healing 6-10	15 Craniosacral 9-2 Sw/Am 6-10	16 Sw/Am 6-10 Reflexology 6-10 Pranic Healing 6-10	17 Craniosacral 9-2 Sw/Am 6-10	18	19 Pathology 9-4
20 <u>Pathology 9-4</u>	21 Sw/Am 6-10 Reflexology 6-10 Pranic Healing 6-10	22 Craniosacral 9-2 <u>Sw/Am 6-10</u>	23 Reflexology 6-10 Pranic Healing 6-10	24 Craniosacral 9-2	25	26
27	28 <u>Reflexology 6-10</u> <u>Pranic Healing 6-10</u>	29 Craniosacral 9-1	30	31 <u>Craniosacral 9-1</u>		

August 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5 Myofascial Rel 9-2 Vital Energy 9-2 Spa Therapies 6-10	6	7 Myofascial Rel 9-2 Vital Energy 9-2 Spa Therapies 6-10	8	9 Acupressure 9-5 Body Mech 9-4
10 Acupressure 9-5 Body Mech 9-4	11 Anat/Physio 9-3 Aromatherapy 6-10	12 Myofascial Rel 9-2 Vital Energy 9-2 Spa Therapies 6-10	13 Anat/Physio 9-3 Aromatherapy 6-10	14 Myofascial Rel 9-2 Vital Energy 9-2 Spa Therapies 6-10	15	16 Acupressure 9-5 <u>Body Mech 9-3</u>
17 <u>Acupressure 9-5</u>	18 Anat/Physio 9-3	19 Myofascial Rel 9-1 Vital Energy 9-1 Spa Therapies 6-10	20 Anat/Physio 9-3 Aromatherapy 6-10	21 <u>Myofascial Rel 9-1</u> <u>Vital Energy 9-1</u> <u>Spa Therapies 6-10</u>	22	23
24	25 Anat/Physio 9-3 Aromatherapy 6-10	26	27 Anat/Physio 9-3 Aromatherapy 6-10	28	29	30
31						

September 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Labor Day 1	2	3 Anat/Physio 9-3 <u>Aromatherapy 6-10</u>	4	5	6
7	<u>Anat/Physio 9-3</u> 8	Hot Stone 6-10 9	10	Hot Stone 6-10 11	12	13
14	Business 9-3 15	Hot Stone 6-10 16	Business 9-3 17	Hot Stone 6-10 18	19	20
21	Business 9-3 22	<u>Hot Stone 6-10</u> 23	<u>Business 9-3</u> 24	25	26	27
28	29	30				

October 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4 Headaches 9-3
5 <u>Headaches 9-3</u>	6 Sw/Am 9-2 Sports 9-3 SK 6-10	7 Sw/Am 9-2	8 Sw/Am 9-2 Sports 9-3 SK 6-10	9 Sw/Am 9-2	10	11 <u>Magnets 9-5</u>
12	13 Columbus Day Sw/Am 9-2 Sports 9-3 SK 6-10	14 Sw/Am 9-2 Deep Tissue 6-10	15 Sw/Am 9-2 Sports 9-3 SK 6-10	16 Sw/Am 9-2 Deep Tissue 6-10	17	18 Lymph Drainage 9-4 Adv Pranic 9-5
19 Lymph Drainage 9-4 <u>Adv Pranic 9-5</u>	20 Sw/Am 9-2 Sports 9-3 SK 6-10	21 Sw/Am 9-2 Deep Tissue 6-10	22 Sw/Am 9-2 Sports 9-3 SK 6-10	23 Sw/Am 9-2 Deep Tissue 6-10	24	25 Lymph Drainage 9-4
26 <u>Lymph Drainage 9-4</u>	27 Sw/Am 9-2 Sports 9-3 SK 6-10	28 Sw/Am 9-2 Deep Tissue 6-10	29 Sw/Am 9-2 <u>Sports 9-3</u> SK 6-10	30 Sw/Am 9-2 Deep Tissue 6-10	31 Halloween	

November 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
End Daylight Savings 2	3 Sw/Am 9-2 Pathology 9-2 SK 6-10	4 Sw/Am 9-2 Deep Tissue 6-10	5 Sw/Am 9-2 Pathology 9-2 SK 6-10	6 Sw/Am 9-2 Deep Tissue 6-10	7	8
9	10 Sw/Am 9-2 Pathology 9-2 SK 6-10	Veterans Day 11 Sw/Am 9-2 Deep Tissue 6-10	12 Sw/Am 9-2 Pathology 9-2 SK 6-10	13 <u>Sw/Am 9-2</u> Deep Tissue 6-10	14	15
16	17 Pathology 9-1 SK 6-10	18 Deep Tissue 6-10	19 <u>Pathology 9-1</u> SK 6-10	20 Deep Tissue 6-10	21	22
23	24 <u>SK 6-10</u>	25 Deep Tissue 6-10	26	Thanksgiving Day 27	28	29
30						

December 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 Deep Tissue 6-10	3	4 Deep Tissue 6-10	5	6
7	8	9 Deep Tissue 6-10	10	11 Deep Tissue 6-10	12	13
14	15	16 <u>Deep Tissue 6-10</u>	17	18	19	20
21	22	23	24	25 MERRY CHRISTMAS!!!	26	27
28	29	30	31			