

January 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 NEW YEAR'S DAY	2	3	4	5	6	7
8	9 Sw/Am 9-2	10 Sw/Am 9-2 Business 6-10 Lymph 6-10	11 Sw/Am 9-2	12 Sw/Am 9-2 Business 6-10 Lymph 6-10	13	14 Fibro 9-4
15	16 Sw/AM 9-2	17 Sw/Am 9-2 Office Chair 9-2 Business 6-10 Lymph 6-10	18 Sw/Am 9-2	19 Sw/Am 9-2 Office/Chair 9-2 Business 6-10 Lymph 6-10	20	21 Hot Stone 9-4 Fibro 9-4
22 Hot Stone 9-4	23 Sw/Am 9-2 Reflex 6-10 MFR 6-10	24 Sw/Am 9-2 Office/Chair 9-2 Business 6-10 Lymph 6-10	25 Sw/Am 9-2 Reflex 6-10 MFR 6-10	26 SW/Am 9-2 Office/Chair 9-2 Business 9-10 Lymph 6-10	27	28 Fibro 9-3 Hot Stone 9-3
29	30 Sw/Am 9-2 Reflex 6-10 MFR 6-10	31 Sw/Am 9-2 Acupressure 9-2 Lymph 6-10				

February 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Sw/Am 9-2 Reflex 6-10 MFR 6-10	2 Sw/Am 9-2 Acupressure 9-2 Reflex 6-10	3	4 SK/DT 9-5
5 SK/DT 9-5	6 Sw/Am 9-2 A/P 9-3 Reflex 6-10 MFR 6-10	7 Sw/Am 9-2 Acupressure 9-2 Cupping 9-2 Thai 6-10	8 Sw/Am 9-2 A/P 9-3 Reflex 6-10 MFR 6-10	9 Sw/Am 9-2 Acupressure 9-2 Cupping 9-2 Thai 6-10	10	11 SK/DT 9-5 Prenatal 9-5 Vital Energy 9-4
12 SK/DT 9-5 Vital Energy 9-4	13 Sw/Am 9-2 A/P 9-3 Reflex 6-10 MFR 6-10	14 Sw/Am 9-2 Acupressure 9-1 Cupping 9-2 Thai 6-10	15 Sw/Am 9-2 A/P 9-3	16 Sw/Am 9-2 Acupressure 9-1 Cupping 9-2 Thai 6-10	17	18 SK/DT 9-5 Prenatal 9-5 Vital Energy 9-4
19 SK/DT 9-5 Vital Energy 9-1	20 A/P 9-3 Pranic 6-10	21 Acupressure 9-1 Cupping 9-1 Thai 6-10	22 A/P 9-3 Magnets 9-5 Pranic 6-10	23 Cupping 9-1 Thai 6-10	24	25 SK/DT 9-5 Prenatal 9-5
26 SK/DT 9-5	27 A/P 9-3 Pranic 6-10 Sw/Am 6-10	28 Thai 6-10 Sw/Am 6-10				

March 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 A/P 9-3 Aroma 9-2 Pranic 6-10 Sw/Am 6-10	2 Thai 6-10 Sw/Am 6-10	3	4 SK/DT 9-5
5 SK/DT 9-5	6 Nutrition 9-2 Aroma 9-2 Pranic 6-10 Sw/Am 6-10	7 Sports 9-2 Thai 6-10 Sw/Am 6-10	8 Nutrition 9-2 Aroma 9-2 Sw/Am 6-10 Adv Pranic 6-10	9 Sports 9-2 Thai 6-10 Sw/Am 6-10	10	11 SK/DT 9-5
12 SK/DT 9-5	13 Nutrition 9-2 Aroma 9-2 Cranio 6-10 Sw/Am 6-10 Adv Pranic 6-10	14 Sports 9-2 Sw/Am 6-10	15 Nutrition 9-2 Aroma 9-1 Cranio 6-10 Sw/Am 6-10 Adv Pranic 6-10	16 Sports 9-2 Sw/Am 6-10	17	18 SK/DT 9-5
19 SK/DT 9-5	20 Nutrition 9-1 Cranio 6-10 Sw/Am 6-10 Adv Pranic 6-10	21 Sports 9-2 MFR 9-2 Headaches 6-10 Sw/Am 6-10	22 Cranio 6-10 Sw/Am 6-10	23 Sports 9-2 MFR 9-2 Headaches 6-10 Sw/Am 6-10	24	25 SK/DT 9-5
26 SK/DT 9-5	27 Cranio 6-10 Sw/Am 6-10	28 Sports 9-2 MFR 9-2 Headaches 6-10 Sw/Am 6-10	29 Cranio 6-10 Sw/Am 6-10	30 Sports 9-2 MFR 9-2 Sw/Am 6-10	31	

April 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 <u>SK/DT 9-1</u> Body Mechanics 9-4
2 Body Mechanics 9-4	3 Pathology 9-3 Oncology/Hosp 9-2 Acupressure 6-10 <u>Cranio 6-10</u> Sw/Am 6-10	4 Sports 9-1 MFR 9-1 Sw/Am 6-10	5 Pathology 9-3 Oncology/Hosp 9-2 Acupressure 6-10 Sw/Am 6-10	6 <u>Sports 9-1</u> <u>MFR 9-1</u> Sw/Am 6-10	7	8
9 Easter	10 Pathology 9-3 Oncology/Hosp 9-2 <u>SK 9-2</u> Acupressure 6-10 Sw/Am 6-10	11 Sw/Am 6-10	12 Pathology 9-3 <u>Oncology/Hosp 9-2</u> SK 9-2 Acupressure 6-10 Sw/Am 6-10	13 Sw/Am 6-10	14	15 <u>Lymph 9-4</u> <u>Body Mechanics 9-3</u> <u>Shiatsu/Tuina 9-4</u>
16 Lymph 9-4 Shiatsu/Tuina 9-4	17 <u>Pathology 9-1</u> SK 9-2 Acupressure 6-10 Sw/Am 6-10	18 <u>Deep Tissue 9-2</u> <u>Sw/Am 6-10</u>	19 SK 9-2 Acupressure 6-10	20 Deep Tissue 9-2	21	22 Lymph 9-4 <u>Spa 9-5</u> <u>Shiatsu/Tuina 9-3</u>
23 Lymph 9-4	24 SK 9-2 Acupressure 6-10	25 Deep Tissue 9-2	26 SK 9-2 <u>Acupressure 6-10</u>	27 Deep Tissue 9-2	28	29 <u>Sw/Am 9-5</u> <u>Business 9-3</u> Spa 9-5
30 Sw/Am 9-5 Business 9-3						

May 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 SK 9-2 Hot Stone 6-10	2 Deep Tissue 9-2 Fibro 6-10	3 SK 9-2 Hot Stone 6-10	4 Deep Tissue 9-2 Fibro 6-10	5	6 Sw/Am 9-5 Business 9-3 Spa 9-5
7 Sw/Am 9-5 Business 9-3	8 SK 9-2 Hot Stone 6-10	9 Deep Tissue 9-2 Fibro 6-10	10 SK 9-2 Hot Stone 6-10	11 Deep Tissue 9-2 Fibro 6-10	12	13 Sw/Am 9-5 A/P 9-5
14 Mother's Day Sw/Am 9-5	15 SK 9-2 Hot Stone 6-10	16 Deep Tissue 9-2 Fibro 6-10	17 SK 9-2	18 Deep Tissue 9-2	19	20 Sw/Am 9-5 A/P 9-5
21 Sw/Am 9-5	22	23 Deep Tissue 9-2	24	25 Deep Tissue 9-2	26	27
28	29 Memorial Day	30 Deep Tissue 9-1	31			

June 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Deep Tissue 9-1	2	3 Sw/Am 9-5 A/P 9-5
4 Sw/Am 9-5	5 Prenatal 9-2 Office/Chair 6-10	6 Deep Tissue 9-1 Cupping 6-10	7 Prenatal 9-2 Office Chair 6-10	8 Magnets 9-5 Cupping 6-10	9	10 A/P 9-5 Pranic 9-4
11	12 Prenatal 9-2 Office Chair 6-10	13 Reflexology 9-2 Cupping 6-10	14 Prenatal 9-2 Office/Chair 6-10	15 Reflexology 9-2 Cupping 6-10	16	17 Sw/Am 9-5 A/P 9-5 Pranic 9-4
18 Sw/Am 9-5	19 Prenatal 9-1 Office Chair 6-10	20 Reflexology 9-2 Cupping 6-10	21 Lomi Lomi 9-2	22 Reflexology 9-2 Cupping 6-10	23	24 Sw/Am 9-5 A/P 9-5 Pranic 9-3
25 Sw/Am 9-5	26 Lomi Lomi 9-2	27 Reflexology 9-1 Cupping 6-10	28 Lomi Lomi 9-2	29 Reflexology 9-1	30	

July 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 <u>Sw/Am 9-5</u> Cranio 9-4 Headaches 9-3
2 Cranio 9-4 <u>Headaches 9-3</u>	3 Lomi Lomi 9-2	4 Independence Day	5 <u>Lomi Lomi 9-1</u>	6	7	8 Cranio 9-4
9 <u>Cranio 9-4</u>	10 <u>Sw/Am 9-2</u> Thai 9-2 <u>Sports 6-10</u>	11 Sw/Am 9-2 <u>Pathology 6-10</u>	12 Sw/Am 9-2 Thai 9-2 Sports 6-10	13 Sw/Am 9-2 Pathology 6-10	14	15 <u>MFR 9-4</u>
16 MFR 9-4	17 Sw/Am 9-2 Thai 9-2 Sports 6-10	18 Sw/Am 9-2 Pathology 6-10	19 Sw/Am 9-2 Thai 9-2 Sports 6-10	20 Sw/Am 9-2 Pathology 6-10	21	22 MFR 9-4 <u>Aromatherapy 9-5</u>
23 <u>MFR 9-4</u>	24 Sw/Am 9-2 Thai 9-2 <u>Vital Energy 6-10</u> Sports 6-10	25 Sw/Am 9-2 Pathology 6-10	26 Sw/Am 9-2 Thai 9-2 Vital Energy 6-10 Sports 6-10	27 Sw/Am 9-2 Pathology 6-10	28	29 Aromatherapy 9-5
30	31 Sw/Am 9-2 Thai 9-2 <u>Shiatsu/Tuina 9-2</u> Vital Energy 6-10 Sports 6-10					

August 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Sw/Am 9-2 <u>Pathology 6-10</u>	2 Sw/Am 9-2 <u>Thai 9-2</u> Shiatsu/Tuina 9-2 Vital Energy 6-10 Sports 6-10	3 Sw/Am 9-2	4	5 <u>SK/DT 9-5</u> <u>Aromatherapy 9-5</u> <u>Nutrition 9-5</u>
6 SK/DT 9-5	7 Sw/Am 9-2 Vital Energy 6-10 Sports 6-10 Shiatsu/Tuina 9-2	8 Sw/Am 9-2	9 Sw/Am 9-2 Vital Energy 6-10 Sports 6-10 <u>Shiatsu/Tuina 9-2</u>	10 Sw/Am 9-2	11	12 SK/DT 9-5 <u>Oncology/Hosp 9-4</u> Nutrition 9-5
13 SK/DT 9-5	14 Sw/Am 9-2 <u>Business 9-3</u> Sports 6-10	15 Sw/Am 9-2 <u>Body Mechanics 9-2</u>	16 Sw/Am 9-2 Business 9-3 <u>Vital Energy 6-10</u> <u>Sports 6-10</u>	17 <u>Sw/Am 9-2</u> Body Mechanics 9-2	18	19 SK/DT 9-5 Oncology/Hosp 9-4 <u>Nutrition 9-5</u>
20 SK/DT 9-5	21 Business 9-3 <u>Adv Pranic 9-2</u> <u>Sw/Am 6-10</u>	22 Body Mech 9-2 Sw/Am 6-10	23 <u>Business 9-3</u> Adv Pranic 9-2 Sw/Am 6-10	24 <u>Body Mech 9-2</u> Sw/Am 6-10	25	26 SK/DT 9-5 <u>Oncology/Hosp 9-3</u>
27 SK/DT 9-5	28 Sw/Am 6-10 <u>Adv Pranic 9-3</u>	29 Sw/Am 6-10	30 Sw/Am 6-10	31 Sw/Am 6-10		

September 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 Labor Day	5 Lymph 9-2 Sw/Am 6-10	6 Fibro 9-2 Sw/Am 6-10	7 Lymph 9-2 Sw/Am 6-10	8	9 SK/DT 9-5 Spa 9-5 Magnets 9-5
10 SK/DT 9-5	11 Fibro 9-2 A/P 6-10 Sw/Am 6-10	12 Lymph 9-2 Sw/Am 6-10	13 Fibro 9-2 A/P 6-10 Sw/Am 6-10	14 Lymph 9-2 Sw/Am 6-10	15	16 SK/DT 9-5 Spa 9-5
17 SK/DT 9-5	18 Fibro 9-2 A/P 6-10 Sw/Am 6-10	19 Lymph 9-1 Sw/Am 6-10	20 A/P 6-10 Sw/Am 6-10	21 Lymph 9-1 Sw/Am 6-10	22	23 SK/DT 9-5 Spa 9-5
24 SK/DT 9-5	25 A/P 6-10 Sw/Am 6-10	26 Hot Stone 9-2 Sw/Am 6-10	27 A/P 6-10 Sw/Am 6-10	28 Hot Stone 9-2 Sw/Am 6-10	29	30 SK/DT 9-5

October 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 SK/DT 9-5	2 A/P 6-10 Sw/Am 6-10	3 Hot Stone 9-2 Sw/Am 6-10	4 A/P 6-10 Sw/Am 6-10	5 <u>Hot Stone 9-2</u> Sw/Am 6-10	6	7 <u>SK/DT 9-1</u> <u>Reflexology 9-4</u>
8	9 A/P 6-10 Sw/Am 6-10	10 <u>MFR 9-2</u> <u>Pranic 9-2</u> <u>Prenatal 6-10</u> Sw/Am 6-10	11 A/P 6-10 <u>Sw/Am 6-10</u>	12 MFR 9-2 Pranic 9-2 Prenatal 6-10	13	14 <u>SK/DT 9-1</u> Reflexology 9-4
15	16 <u>SK 6-10</u> A/P 6-10	17 MFR 9-2 Pranic 9-2 <u>Deep Tissue 6-10</u> Prenatal 6-10	18 SK 6-10 <u>A/P 6-10</u>	19 MFR 9-2 <u>Pranic 9-2</u> Deep Tissue 6-10 Prenatal 6-10	20	21 Reflexology 9-4 <u>Sw/Am 9-5</u> <u>Acupressure 9-5</u>
22 Sw/Am 9-5 Acupressure 9-5	23 <u>Aromatherapy 6-10</u> SK 6-10	24 MFR 9-1 Deep Tissue 6-10 Prenatal 6-10	25 Aromatherapy 6-10 SK 6-10	26 <u>MFR 9-1</u> Deep Tissue 6-10 <u>Prenatal 6-10</u>	27	28 <u>Reflexology 9-4</u> Sw/Am 9-5 Acupressure 9-5
29 Sw/Am 9-5 <u>Acupressure 9-5</u>	30 Aromatherapy 6-10 SK 6-10	31 Halloween				

November 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Aromatherapy 6-10 SK 6-10	2 Deep Tissue 6-10	3	4 Sw/Am 9-5 Office Chair 9-4 Cupping 9-4
5 Sw/Am 9-5 Cupping 9-4 Adv Pranic 9-6	6 Headaches 9-3 Aromatherapy 6-10 SK 6-10	7 Nutrition 9-2 Deep Tissue 6-10	8 Headaches 9-3 Aromatherapy 6-10 SK 6-10	9 Nutrition 9-2 Deep Tissue 6-10	10	11 Cupping 9-4 Sw/Am 9-5 Office Chair 9-4
12 Sw/Am 9-5 Cupping 9-4 Adv Pranic 9-6	13 Lomi Lomi 6-10 SK 6-10	14 Nutrition 9-2 Deep Tissue 6-10	15 Lomi Lomi 6-10 SK 6-10	16 Nutrition 9-2 Deep Tissue 6-10	17	18 Sw/Am 9-5 Office Chair 9-3
19 Sw/Am 9-5	20 Sports 9-2 Lomi Lomi 6-10 SK 6-10	21 Nutrition 9-1 Deep Tissue 6-10	22 Sports 9-2 Lomi Lomi 6-10 SK 6-10	23 <i>Thanksgiving Day</i>	24 Thanksgiving Weekend	25 Thanksgiving Weekend
26 Thanksgiving Weekend	27 Sports 9-2 Lomi Lomi 6-10 SK 6-10	28 Deep Tissue 6-10	29 Sports 9-2 Lomi Lomi 6-10 SK 6-10	30 Magnets 9-5 Deep Tissue		

December 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 Sw/Am 9-5
3 Sw/Am 9-5 Spa 9-5	4 Cranio 9-2 Sports 9-2 Body Mech 6-10 <u>SK 6-10</u>	5 Lymph 9-2 Deep Tissue 6-10	6 Cranio 9-2 Sports 9-2 Body Mech 6-10	7 Lymph 9-2 Vital Energy 9-3 Deep Tissue 6-10	8	9 Sw/Am 9-5
10 Sw/Am 9-5 Spa 9-5	11 Cranio 9-2 Sports 9-2 Acupressure 2 9-2 Body Mech 6-10	12 Lymph 9-2 Vital Energy 9-3 Deep Tissue 6-10	13 Cranio 9-2 Sports 9-2 Acupressure 2 9-2 Body Mech 6-10	14 Lymph 9-2 Vital Energy 9-3 Deep Tissue 6-10	15	16 <u>Sw/Am9-5</u>
17 <u>Spa 9-5</u>	18 Cranio 9-1 Sports 9-1 Acupressure 2 9-2 <u>Body Mech 6-10</u>	19 Lymph 9-1 Vital Energy 9-3 Deep Tissue 6-10	20 <u>Cranio 9-1</u> <u>Sports 9-1</u> <u>Acupressure 2 9-2</u>	21 <u>Lymph 9-1</u> <u>Vital Energy 9-1</u> <u>Deep Tissue 6-10</u>	22	23
24	25 <i>Christmas Day</i>	26	27	28	29	30
31 New Year's Eve						