

# JANUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<i>Happy New Year</i> 1	2	3
4	5 Lymph Drainage 9-2 Sw/Am 6-10	6 Business 6-10 Sw/Am 6-10	7 Lymph Drainage 9-2 Sw/Am 6-10	8 Business 6-10 Sw/Am 6-10	9	10
11	12 Lymph Drainage 9-2 Sw/Am 6-10	13 Hot Stone 6-10 Business 6-10 Sw/Am 6-10	14 Lymph Drainage 9-2 Sw/Am 6-10	15 Hot Stone 6-10 Business 6-10 Sw/Am 6-10	16	17
18	19 Martin Luther King Day Lymph Drainage 9-1 Sw/Am 6-10	20 Hot Stone 6-10 Business 6-10 Sw/Am 6-10	21 <u>Lymph Drainage 9-1</u> Sw/Am 6-10	22 <u>Hot Stone 6-10</u> <u>Business 6-10</u> Sw/Am 6-10	23	24
25	26 Sw/Am 6-10	27 Office/Chair 6-10 Sw/Am 6-10	28 Sw/Am 6-10	29 Office/Chair 6-10 Sw/Am 6-10	30	31

# February 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Headaches 9-3 Sw/Am 6-10	2 Fibromyalgia 9-2 Sw/Am 6-10 Office/Chair 6-10	3 Headaches 9-3 Sw/Am 6-10	4 Fibromyalgia 9-2 Sw/Am 6-10	5 Fibromyalgia 9-2 Sw/Am 6-10	6 Aromatherapy 9-5 Anat/Phys 9-5 SK/DT 9-5
8 Aromatherapy 9-5 Anat/Phys 9-5 SK/DT 9-5	9 Sw/Am 6-10 Spa 6-10	10 Reflexology 9-2 Fibromyalgia 9-2 Sw/Am 6-10 <u>Office/Chair 6-10</u>	11 <u>Magnets 9-5</u> Sw/Am 6-10 Spa 6-10	12 Reflexology 9-2 <u>Fibromyalgia 9-2</u> Sw/Am 6-10	13 <i>Happy Valentine's Day</i>	14 <u>Aromatherapy 9-5</u> Anat/Phys 9-5 SK/DT 9-5
15 Anat/Phys 9-5 SK/DT 9-5	16 President's Day Acupressure 9-2 Cupping 9-2 Sw/Am 6-10 Spa 6-10	17 <u>Pranic Healing 9-2</u> Reflexology 9-2 Sw/Am 6-10	18 Acupressure 9-2 Cupping 9-2 Sw/Am 6-10 Spa 6-10	19 Pranic Healing 9-2 Reflexology 9-2 Sw/Am 6-10	20	21 Anat/Phys 9-5 SK/DT 9-5
22 <u>Anat/Phys 9-5</u> SK/DT 9-5	23 Acupressure 9-2 Cupping 9-2 Sw/Am 6-10 Spa 6-10	24 Pranic Healing 9-2 Reflexology 9-1 <u>Sw/Am 6-10</u>	25 Acupressure 9-2 Cupping 9-2 <u>Spa 6-10</u>	26 <u>Pranic Healing 9-2</u> <u>Reflexology 9-1</u>	27	28 SK/DT 9-5

# March 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 SK/DT 9-5	2 Acupressure 9-1 Cupping 9-1	3 Vital Energy 9-2 Myofascial Release 6-10	4 Acupressure 9-1 Cupping 9-1	5 Vital Energy 9-2 Myofascial Release 6-10	6	7 Pathology 9-4 Sw/Am 9-5 SK/DT 9-5
8 Daylight Savings SK/DT 9-5 Sw/Am 9-5	9 Acupressure 9-1 Body Mechanics 6-10	10 Vital Energy 9-2 Myofascial Release 6-10	11 Body Mechanics 6-10	12 Vital Energy 9-2 Myofascial Release 6-10	13	14 Pathology 9-4 SK/DT 9-5 Sw/Am 9-5
15 SK/DT 9-5 Sw/Am 9-5	16 Shiatsu/Tuina 9-2 Body Mechanics 6-10	17 St. Patrick's Day Vital Energy 9-2 Myofascial Release 6-10	18 Shiatsu/Tuina 9-2 Body Mechanics 6-10	19 Myofascial Release 6-10	20	21 Pathology 9-4 SK/DT 9-5 Sw/Am 9-5
22 SK/DT 9-5 Sw/Am 9-5	23 Shiatsu/Tuina 9-2 Body Mechanics 6-10	24 Myofascial Release 6-10	25 Shiatsu/Tuina 9-2	26	27	28 Pathology 9-4 SK/DT 9-5 Sw/Am 9-5
29 SK/DT 9-5 Sw/Am 9-5	30 Craniosacral 9-2	31				

# April 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>April Fools Day</b> 1 Craniosacral 9-2	2	3 Good Friday	4 SK/DT 9-5 Sw/Am 9-5
<b>Easter Sunday</b> 5 Sw/Am 9-5 <b>Oncology/Hos. 9-4</b>	6 <b>Lymph Drainage 6-10</b> Craniosacral 9-2	7 <b>Nutrition 9-2</b> Sports 6-10	8 Lymph Drainage 6-10 Craniosacral 9-2	9 Nutrition 9-2 Sports 6-10	10	11 Sw/Am 9-5 <b>Lomi Lomi 9-5</b>
12 Sw/Am 9-5 Oncology/Hos. 9-4	13 Lymph Drainage 6-10 Craniosacral 9-1	14 Nutrition 9-2 Sports 6-10	15 Lymph Drainage 6-10 <u>Craniosacral 9-1</u>	16 Nutrition 9-2 Sports 6-10	17	18 Sw/Am 9-5 Lomi Lomi 9-5
19 Sw/Am 9-5 Oncology/Hos.9-3	20 Lymph Drainage 6-10	21 <u>Nutrition 9-2</u> Sports 6-10	22 Lymph Drainage 6-10	23 Sports 6-10	24	25 Sw/Am 9-5 <u>Lomi Lomi 9-5</u>
26	27 <u>Lymph Drainage 6-10</u>	28	29	30		



# June 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 SK 6-10	2 Deep Tissue 6-10	3 SK 6-10	4 Deep Tissue 6-10	5	6 Anat/Phys 9-5 Hot Stone 9-4
7 Anat/Phys 9-5 Hot Stone 9-4	8 Sw/Am 9-2 SK 6-10	9 Sw/Am 9-2 Deep Tissue 6-10	10 Sw/Am 9-2 SK 6-10	11 Sw/Am 9-2 Deep Tissue 6-10	12	13 Anat/Phys 9-5 Hot Stone 9-3
14 Anat/Phys 9-5	15 Sw/Am 9-2 Cupping 6-10 SK 6-10	16 Sw/Am 9-2 Deep Tissue 6-10	17 Sw/Am 9-2 Cupping 6-10 SK 6-10	18 Sw/Am 9-2 Deep Tissue 6-10	19 Juneteenth	20 Anat/Phys 9-5
21 Fathers Day	22 Sw/Am 9-2 Cupping 6-10 SK 6-10	23 Sw/Am 9-2 Deep Tissue 6-10	24 Sw/Am 9-2 Cupping 6-10 SK 6-10	25 Sw/Am 9-2 Deep Tissue 6-10	26	27
28	29 Sw/Am 9-2 Cupping 6-10	30 Sw/Am 9-2 Deep Tissue 6-10				

# July 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Sw/Am 9-2 Cupping 6-10	2 Sw/Am 9-2 <u>Deep Tissue</u> 6-10		3 Independence Day
5	6 Sw/Am 9-2 <b>Reflexology 6-10</b> <u>Cupping 6-10</u>	7 Sw/Am 9-2 <b>Myofascial Release 9-2</b> <b>Craniosacral 6-10</b>	8 Sw/Am 9-2 Reflexology 6-10	9 Sw/Am 9-2 Myofascial Release 9-2 Craniosacral 6-10	10	11
12	13 <b>Body Mechanics 9-2</b> Sw/Am 9-2 Reflexology 6-10	14 <b>Aromatherapy 9-2</b> Sw/Am 9-2 Myofascial Release 9-2 Craniosacral 6-10	15 Body Mechanics 9-2 Sw/Am 9-2 Reflexology 6-10	16 Aromatherapy 9-2 <u>Sw/Am 9-2</u> Myofascial Release 9-2 Craniosacral 6-10	17	18 <b>Acupressure 9-5</b> <b>Sports 9-5</b>
19	20 Body Mechanics 9-2 Reflexology 6-10	21 Aroma 9-2 Myofascial Release 9-1 Craniosacral 6-10	22 <u>Body Mechanics 9-2</u> Reflexology 6-10	23 Aroma 9-2 <u>Myofascial Release 9-1</u> Craniosacral 6-10	24	25 Acupressure 9-5 Sports 9-5
26 <u>Acupressure 9-5</u> Sports 9-5	27 <u>Reflexology 6-10</u>	28 Aroma 9-2 <u>Craniosacral 6-10</u>	29	30	31	

# August 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Pathology 9-4 Sports 9-5
2 Pathology 9-4 Sports 9-5	3 Vital Energy 6-10	4 Thai 9-2	5 Vital Energy 6-10	6 Thai 9-2	7	8 Magnets 9-5 Pathology 9-4
9 Pathology 9-4	10 Vital Energy 6-10	11 Thai 9-2	12 Vital Energy 6-10	13 Thai 9-2	14	15 Adv. Pranic 9-5
16 Adv. Pranic 9-5	17 Spa 9-2 Vital Energy 6-10	18 Thai 9-2	19 Spa 9-2 Vital Energy 6-10	20 Thai 9-2	21	22 Lymph Drainage 9-4
23 Lymph Drainage 9-4	24 Spa 9-2 Vital Energy 6-10	25 Thai 9-2	26 Spa 9-2	27 Thai 9-2	28	29 Lymph Drainage 9-4
30 Lymph Drainage 9-4	31 Spa 9-1					

# September 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
	6 Labor Day	8 Lomi Lomi 9-2 Hot Stone 6-10	9	10 Lomi Lomi 9-2 Hot Stone 6-10	11	12 Prenatal/Infant 9-5 Office/Chair 9-4
13 Prenatal/Infant 9-2 Office/Chair 9-4	14 Shiatsu/Tuina 6-10 Sw/Am 6-10	15 Lomi Lomi 9-2 Sw/Am 6-10 Hot Stone 6-10	16 Shiatsu/Tuina 6-10 Sw/Am 6-10	17 Lomi Lomi 9-2 Sw/Am 6-10 Hot Stone 6-10	18	19 Prenatal/Infant 9-2 Office/Chair 9-4
20 Office/Chair 9-3	21 Shiatsu/Tuina 6-10 Sw/Am 6-10	22 Lomi Lomi 9-1 Sw/Am 6-10 Hot Stone 6-10	23 Shiatsu/Tuina 6-10 Sw/Am 6-10	24 Sw/Am 6-10	25	26 Headaches 9-3
27 Headaches 9-3	28 Shiatsu/Tuina 6-10 Sw/Am 6-10	29 Sw/Am 6-10	30 Sw/Am 6-10			

# October 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				Sw/Am 6-10 1		Anat/Phys 9-5 Reflexology 9-4 2
4 Anat/Phys 9-5 Reflexology 9-4	5 SK 9-2 Acupressure 6-10 Sw/Am 6-10	6 Deep Tissue 9-2 Fibromyalgia 9-2 Sw/Am 6-10	7 SK 9-2 Acupressure 6-10 Sw/Am 6-10	8 Deep Tissue 9-2 Fibromyalgia 9-2 Sw/Am 6-10		9 Anat/Phys 9-5 Reflexology 9-4 10
11 Anat/Phys 9-5 Reflexology 9-4	12 Columbus Day SK 9-2 Acupressure 6-10 Sw/Am 6-10	13 Fibromyalgia 9-2 Deep Tissue 9-2 Body Mechanics 6-10 Sw/Am 6-10	14 SK 9-2 Acupressure 6-10 Sw/Am 6-10	15 Fibromyalgia 9-2 Deep Tissue 9-2 Body Mechanics 6-10 Sw/Am 6-10		16 Magnets 9-5 Anat/Phys 9-5 17
18 Anat/Phys 9-5 Nutrition 9-5	19 SK 9-2 Acupressure 6-10 Sw/Am 6-10	20 Deep Tissue 9-2 Body Mechanics 6-10 Sw/Am 6-10	21 SK 9-2 Acupressure 6-10 Sw/Am 6-10	22 Deep Tissue 9-2 Body Mechanics 6-10 Sw/Am 6-10		23 Nutrition 9-5 Pranic Healing 9-5 24
25 Nutrition 9-5 Pranic Healing 9-5	26 SK 9-2 Acupressure 6-10 Sw/Am 6-10	27 Deep Tissue 9-2 Body Mechanics 6-10 Sw/Am 6-10	28 SK 9-2 Acupressure 6-10 Sw/Am 6-10	29 Deep Tissue 9-2 Sw/Am 6-10		30 Halloween Pranic Healing 9-1 31

# November 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 <b>Business 9-3</b> SK 9-2 Sw/Am 6-10	3 Deep Tissue 9-2 <u>Sw/Am 6-10</u>	4 Business 9-3 SK 9-2	5 Deep Tissue 9-2	6	7 <b>Pathology 9-4</b> <b>Myofascial Release 9-2</b> <b>Cupping 9-4</b>
8 Cupping 9-4 Pathology 9-4 Myofascial Release 9-2	9 SK 9-2 Business 9-3 <b>Oncology/Hos. 6-10</b>	10 Deep Tissue 9-2	11 <b>Veterans Day</b> <u>SK 9-2</u> <u>Business 9-3</u> Oncology/Hos. 6-10	12 Deep Tissue 9-2	13	14 Pathology 9-4 Myofascial Release 9-2
15 <u>Cupping 9-4</u> <u>Pathology 9-4</u> <u>Myofascial Release 9-2</u>	16 <b>Sports 9-2</b> Oncology/Hos. 6-10	17 Deep Tissue 9-2	18 Sports 9-2 Oncology/Hos. 6-10	19 <u>Deep Tissue 9-2</u>	20	21
22	23 Sports 9-2 <u>Oncology/Hos. 6-10</u>	24	25 Sports 9-2	26 <b>Thanksgiving</b>	27	28
29	30 Sports 9-2					

# December 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Lymph Drainage 9-2	2 Sports 9-2	3 Lymph Drainage 9-2	4	5 Headaches 9-3
6 <u>Headaches 9-3</u>	7 Sports 9-2	8 Lymph Drainage 9-2	9 Sports 9-2	10 Lymph Drainage 9-2	11	12 Aromatherapy 9-5
13 Aromatherapy 9-5	14 Sports 9-1	15 Adv. Pranic 9-3 Lymph Drainage 9-1	16 <u>Sports 9-1</u>	17 Adv. Pranic 9-3 <u>Lymph Drainage 9-1</u>	18	19 <u>Aromatherapy 9-5</u>
20	21	22 <u>Adv. Pranic 9-3</u>	23	24	25 Merry Christmas	26
27	28	29	30	31		