

JANUARY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 HAPPY NEW YEAR!!!	2	3	4	5	6
7	8 SK 9 - 2 Sw/Am 6 - 10	9 Sw/Am 6 - 10	10 SK 9 - 2 Sw/Am 6 - 10	11 Sw/Am 6 - 10	12	13
14	15 MLK Day SK 9 - 2 Office/Chair 9 - 2 Sw/Am 6 - 10	16 Deep Tissue 9 - 2 Sw/Am 6 - 10	17 SK 9 - 2 Office/Chair 9 - 2 Sw/Am 6 - 10	18 Deep Tissue 9 - 2 Sw/Am 6 - 10	19	20 Lymph Drainage 9-4
21 Lymph Drainage 9-4	22 SK 9 - 2 Office/Chair 9 - 2 Headaches 6 - 10 Sw/Am 6 - 10	23 Deep Tissue 9 - 2 Sw/Am 6 - 10	24 SK 9 - 2 <u>Office/Chair 9 - 2</u> Headaches 6 - 10 Sw/Am 6 - 10	25 Deep Tissue 9 - 2 Sw/Am 6 - 10	26	27 Lymph Drainage 9-4
28 <u>Lymph Drainage 9-4</u>	29 SK 9 - 2 <u>Headaches 6 - 10</u> Sw/Am 6 - 10	30 Deep Tissue 9 - 2 Sw/Am 6 - 10	31 SK 9 - 2 Sw/Am 6 - 10			

February 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Deep Tissue 9-2 Sw/Am 6-10	2	3 Anat/Phys 9-5 Acupressure 9 -5
4 Anat/Phys 9-5 Acupressure 9 -5	5 S/K 9-2 Craniosacral 9-3 Sw/Am 6-10	6 Deep Tissue 9-2 Cupping 9-3 Sw/Am 6-10	7 S/K 9-2 Craniosacral 9-3 Sw/Am 6-10	8 Deep Tissue 9-2 Cupping 9-3 Sw/Am 6-10	9	10 Anat/Phys 9-5 Acupressure 9 -5
11 Anat/Phys 9-5 Acupressure 9 -5	12 S/K 9-2 Craniosacral 9-3 Oncology/Hosp 6-10 Sw/Am 6-10	13 Deep Tissue 9-2 Cupping 9-3 Sw/Am 6-10	14 Valentine's Day S/K 9-2 Craniosacral 9-3 Oncology/Hosp 6-10 Sw/Am 6-10	15 Deep Tissue 9-2 Cupping 9-2 Sw/Am 6-10	16	17 Anat/Phys 9-5 Myofascial Rel 9-4
18 Anat/Phys 9-5 Myofascial Rel 9-4	19 President's Day Craniosacral 9-1 Oncology/Hosp 6-10 Sw/Am 6-10	20 Deep Tissue 9-2 Cupping 9-2 Sw/Am 6-10	21 Oncology/Hosp 6-10 Sw/Am 6-10	22 Deep Tissue 9-2 Sw/Am 6-10	23	24 Adv. Pranic 9-5 Myofascial Rel 9-4
25 Adv. Pranic 9-5 Myofascial Rel 9-4	26 Oncology/Hosp 6-10 Sw/Am 6-10	27 Deep Tissue 9-1 Sw/Am 6-10	28	29 Deep Tissue 9-1		

March 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 Sw/Am 9-5
3 Sw/Am 9-5 Pathology 9-4	4 Lomi Lomi 9-2 Sports 6-10 Business 6-10	5 <u>Deep Tissue 9-1</u> Thai 9-2 Reflexology 6-10	6 Lomi Lomi 9-2 Sports 6-10 Business 6-10	7 Thai 9-2 Reflexology 6-10	8	9 Sw/Am 9-5 Pranic 9-4
10 Sw/Am 9-5 Pathology 9-4 Pranic 9-4	11 Lomi Lomi 9-2 Sports 6-10 Business 6-10	12 Thai 9-2 Reflexology 6-10	13 Lomi Lomi 9-2 Sports 6-10 Business 6-10	14 Thai 9-2 Reflexology 6-10	15	16 Sw/Am 9-5 <u>Pranic 9-3</u>
17 St. Patrick's Day Sw/Am 9-5 Pathology 9-4	18 <u>Lomi Lomi 9-1</u> Aromatherapy 9-3 Sports 6-10 Business 6-10	19 Spring Equinox Prenatal/Infant 9-2 Thai 9-2 Reflexology 6-10	20 Aromatherapy 9-3 Sports 6-10 <u>Business 6-10</u>	21 Prenatal/Infant 9-2 Thai 9-2 Reflexology 6-10	22	23 Sw/Am 9-5
24 Sw/Am 9-5 <u>Pathology 9-4</u>	25 Aromatherapy 9-3 <u>Body Mechanics 6-10</u> Sports 6-10	26 Prenatal/Infant 9-2 Thai 9-2 <u>Reflexology 6-10</u>	27 <u>Aromatherapy 9-3</u> Body Mechanics 6-10 Sports 6-10	28 Prenatal/Infant 9-2 <u>Thai 9-2</u>	29	30
31 Easter						

April 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Body Mechanics 6-10 Sports 6-10	2 <u>Prenatal/Infant 9-1</u>	3 Body Mechanics 6-10 Sports 6-10	4	5	6 Sw/Am 9-5 Nutrition 9-5
7 Sw/Am 9-5 Vital Energy 9-4	8 Headaches 9-3 <u>Body Mechanics 6-10</u> Sports 6-10	9 Fibromyalgia 9-2 Lymph Drainage 6-10	10 <u>Headaches 9-3</u> <u>Sports 6-10</u>	11 Fibromyalgia 9-2 Lymph Drainage 6-10	12	13 Sw/Am 9-5 Nutrition 9-5
14 Sw/Am 9-5 Vital Energy 9-4	15 Hot Stone 6-10	16 Fibromyalgia 9-2 Lymph Drainage 6-10	17 Magnets 9-5 Hot Stone 6-10	18 <u>Fibromyalgia 9-2</u> Lymph Drainage 6-10	19	20 Sw/Am 9-5 <u>Nutrition 9-5</u>
21 Sw/Am 9-5 Vital Energy 9-4	22 Shiatsu/Tuina 9-2 Hot Stone 6-10	23 Lymph Drainage 6-10	24 Shiatsu/Tuina 9-2 Hot Stone 6-10	25 Lymph Drainage 6-10	26	27 <u>Sw/Am 9-5</u> Spa 9-3
28 <u>Vital Energy 9-4</u>	29 Shiatsu/Tuina 9-2 <u>Hot Stone 6-10</u>	30 <u>Lymph Drainage 6-10</u>				

May 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 <u>Shiatsu/Tuina 9-2</u>	2	3	4 SK/DT 9-5 Spa 9-3
5 SK/DT 9-5	6 Sw/Am 9-2	7 Sw/Am 9-2 Anat/Phys 9-3 Cupping 6-10 Body Mechanics 6-10	8 Sw/Am 9-2	9 Sw/Am 9-2 Anat/Phys 9-3 Cupping 6-10 Body Mechanics 6-10	10	11 SK/DT 9-6 Spa 9-3
12 Mother's Day SK/DT 9-5	13 Sw/Am 9-2	14 Sw/Am 9-2 Anat/Phys 9-3 Cupping 6-10 Body Mechanics 6-10	15 Sw/Am 9-2	16 Sw/Am 9-2 Anat/Phys 9-3 Cupping 6-10 Body Mechanics 6-10	17	18 SK/DT 9-6 <u>Spa 9-3</u>
19 SK/DT 9-5	20 Sw/Am 9-2	21 Sw/Am 9-2 Anat/Phys 9-3 Cupping 6-10 <u>Body Mechanics 6-10</u>	22 Sw/Am 9-2	23 Sw/Am 9-2 Anat/Phys 9-3 Cupping 6-10	24	25
26	27 Memorial Day	28 Sw/Am 9-2 Anat/Phys 9-3 <u>Cupping 6-10</u>	29 Sw/Am 9-2	30 Sw/Am 9-2 <u>Anat/Phys 9-3</u>	31	

June 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						SK/DT 9-6 ¹
SK/DT 9-5 ²	Sw/Am 9-2 ³	Sw/Am 9-2 ⁴	Sw/Am 9-2 ⁵	Sw/Am 9-2 ⁶		SK/DT 9-6 ⁸ Pranic 9-5 Sports 9-4
SK/DT 9-5 ⁹ Pranic 9-5 Sports 9-4	Sw/Am 9-2 ¹⁰ Office/Chair 6-10	Sw/Am 9-2 ¹¹	Sw/Am 9-2 ¹² Office/Chair 6-10	Sw/Am 9-2 ¹³		SK/DT 9-5 ¹⁵ <u>Pranic 9-4</u> Sports 9-4
Father's Day ¹⁶ SK/DT 9-5 Sports 9-4	<u>Sw/Am 9-2</u> ¹⁷ Office/Chair 6-10		Juneteenth ¹⁹ Office/Chair 6-10	Summer Solstice ²⁰		SK/DT 9-5 ²² Sports 9-4
SK/DT 9-5 ²³ Sports 9-4	<u>Office/Chair 6-10</u> ²⁴					SK/DT 9-5 ²⁹ <u>Sports 9-3</u>
<u>SK/DT 9-5</u> ³⁰						

July 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	Independence Day 4	5	6
7	8	9 Reflexology 9-2 Nutrition 9-3	10	11 Reflexology 9-2 Nutrition 9-3	12	13 Business 9-5
14	15 Headaches 9-3 Acupressure 9-3 Pathology 6-10 Sw/Am 6-10	16 Reflexology 9-2 Nutrition 9-3 Sw/Am 6-10	17 <u>Headaches 9-3</u> Acupressure 9-3 Pathology 6-10 Sw/Am 6-10	18 Reflexology 9-2 <u>Nutrition 9-3</u> Sw/Am 6-10	19	20 Business 9-5
21	22 Acupressure 9-2 Pathology 6-10 Sw/Am 6-10	23 Reflexology 9-1 Sw/Am 6-10	24 Acupressure 9-2 Pathology 6-10 Sw/Am 6-10	25 <u>Reflexology 9-1</u> Sw/Am 6-10	26	27 <u>Business 9-5</u>
28	29 Acupressure 9-2 Pathology 6-10 Sw/Am 6-10	30 Sw/Am 6-10	31 <u>Acupressure 9-2</u> Pathology 6-10 Sw/Am 6-10			

August 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Sw/Am 6-10	2	3 Craniosacral 9-4 Shiatsu/Tuina 9-4
4 Craniosacral 9-4	5 Myofascial Rel 9-2 <u>Pathology 6-10</u> Sw/Am 6-10	6 Lymph Drainage 9-2 Sw/Am 6-10	7 Myofascial Rel 9-2 Aromatherapy 6-10 Sw/Am 6-10	8 Lymph Drainage 9-2 Sw/Am 6-10	9	10 Craniosacral 9-4 Shiatsu/Tuina 9-4
11 <u>Craniosacral 9-4</u>	12 Myofascial Rel 9-2 Aromatherapy 6-10 Sw/Am 6-10	13 Lymph Drainage 9-2 Lomi Lomi 6-10 Sw/Am 6-10	14 Myofascial Rel 9-2 Aromatherapy 6-10 Sw/Am 6-10	15 Lymph Drainage 9-2 Lomi Lomi 6-10 Sw/Am 6-10	16	17 Magnets 9-5 <u>Shiatsu/Tuina 9-3</u>
18	19 Myofascial Rel 9-1 Sw/Am 6-10	20 Lymph Drainage 9-1 Lomi Lomi 6-10 Sw/Am 6-10	21 <u>Myofascial Rel 9-1</u> Aromatherapy 6-10 Sw/Am 6-10	22 <u>Lymph Drainage 9-1</u> Lomi Lomi 6-10 Sw/Am 6-10	23	24
25	26 Aromatherapy 6-10 Sw/Am 6-10	27 Lomi Lomi 6-10 Sw/Am 6-10	28 <u>Aromatherapy 6-10</u> Sw/Am 6-10	29 <u>Lomi Lomi 6-10</u> Sw/Am 6-10	30	31

September 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	Labor Day 2	3 Sw/Am 6-10	4 <u>Sw/Am 6-10</u>	5	6	7 Fibromyalgia 9-4 Thai 9-5
8 Thai 9-5	9 Hot Stone 9-2	10 Body Mechanics 9-2 Anat/Phys 6-10	11 Hot Stone 9-2	12 Body Mechanics 9-2 Anat/Phys 6-10	13	14 Fibromyalgia 9-4 Thai 9-5
15 Thai 9-5	16 Sw/Am 9-2 Hot Stone 9-2	17 Sw/Am 9-2 Body Mechanics 9-2 Anat/Phys 6-10	18 Sw/Am 9-2 <u>Hot Stone 9-2</u>	19 Sw/Am 9-2 <u>Body Mechanics 9-2</u> Anat/Phys 6-10	20	21 <u>Fibromyalgia 9-3</u> <u>Thai 9-5</u>
Fall Equinox 22	23 Sw/Am 9-2 Oncology/Hosp 9-2	24 Sw/Am 9-2 Anat/Phys 6-10	25 Sw/Am 9-2 Oncology/Hosp 9-2	26 Sw/Am 9-2 Anat/Phys 6-10	27	28
29	30 Sw/Am 9-2 Oncology/Hosp 9-2					

October 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Sw/Am 9-2 Business 9-3 Anat/Phys 6-10	2 Sw/Am 9-2 <u>Oncology/Hosp 9-2</u> Acupressure 6-10	3 Sw/Am 9-2 Business 9-3 Anat/Phys 6-10	4	5 Headaches 9-3 Prenatal/Infant 9-5
6 <u>Headaches 9-3</u>	7 Sw/Am 9-2 Aromatherapy 9-2 Acupressure 6-10 SK 6-10	8 Sw/Am 9-2 Business 9-3 Anat/Phys 6-10	9 Sw/Am 9-2 Aromatherapy 9-2 Acupressure 6-10 SK 6-10	10 Sw/Am 9-2 <u>Business 9-3</u> Anat/Phys 6-10	11	12 Prenatal/Infant 9-5
13 Office/Chair 9-4	Columbus Day 14 Sw/Am 9-2 Aromatherapy 9-2 Acupressure 6-10 SK 6-10	15 Sw/Am 9-2 Anat/Phys 6-10 Deep Tissue 6-10	16 Sw/Am 9-2 Aromatherapy 9-2 Acupressure 6-10 SK 6-10	17 Sw/Am 9-2 <u>Anat/Phys 6-10</u> Deep Tissue 6-10	18	19 <u>Prenatal/Infant 9-5</u> Adv. Pranic 9-5
20 Office/Chair 9-4 <u>Adv. Pranic 9-5</u>	21 Sw/Am 9-2 <u>Aromatherapy 9-1</u> SK 6-10	22 Sw/Am 9-2 Deep Tissue 6-10	23 Sw/Am 9-2 Acupressure 6-10 SK 6-10	24 <u>Sw/Am 9-2</u> Deep Tissue 6-10	25	26 Sw/Am 9-5
27 <u>Office/Chair 9-3</u> Sw/Am 9-5	28 Acupressure 6-10 SK 6-10	29 Sports 9-3 Deep Tissue 6-10	30 <u>Acupressure 6-10</u> SK 6-10	Halloween 31 Sports 9-3		

November 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 Sw/Am 9-5 Body Mechanics 9-4
3 Sw/Am 9-5 Cupping 9-4	4 Nutrition 6-10 SK 6-10	5 Sports 9-3 Spa 6-10 Deep Tissue 6-10	6 Nutrition 6-10 SK 6-10	7 Sports 9-3 Spa 6-10 Deep Tissue 6-10	8	9 Sw/Am 9-5 Body Mechanics 9-4
10 Sw/Am 9-5 Cupping 9-4	Veterans Day 11 Nutrition 6-10 SK 6-10	12 Pathology 9-3 Sports 9-3 Spa 6-10 Deep Tissue 6-10	13 Nutrition 6-10 SK 6-10	14 Pathology 9-3 Sports 9-3 Spa 6-10 Deep Tissue 6-10	15	16 Sw/Am 9-5 <u>Body Mechanics 9-3</u>
17 Sw/Am 9-5 Cupping 9-4	18 Nutrition 6-10 SK 6-10	19 Pathology 9-3 Sports 9-3 Spa 6-10 Deep Tissue 6-10	20 <u>Nutrition 6-10</u> SK 6-10	21 Pathology 9-2 <u>Sports 9-3</u> <u>Spa 6-10</u> Deep Tissue 6-10	22	23 Sw/Am 9-5
24 Sw/Am 9-5 <u>Cupping 9-4</u>	25 <u>SK 6-10</u>	26 <u>Pathology 9-1</u> Deep Tissue 6-10	27	Thanksgiving Day 28	29	30

December 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Craniosacral 9-3	3 Myofascial Rel 9-2 Vital Energy 9-2 Deep Tissue 6-10	4 Craniosacral 9-3 Pranic 6-10	5 Myofascial Rel 9-2 Vital Energy 9-2 Deep Tissue 6-10	6	7 Sw/Am 9-5 Reflexology 9-4
8 Sw/Am 9-5 Reflexology 9-4	9 Craniosacral 9-3 Pranic 6-10	10 Myofascial Rel 9-2 Vital Energy 9-2 Deep Tissue 6-10	11 Craniosacral 9-2 Pranic 6-10	12 Myofascial Rel 9-2 Vital Energy 9-2 Deep Tissue 6-10	13	14 Sw/Am 9-5 Reflexology 9-4
15 Sw/Am 9-5 <u>Reflexology 9-4</u>	16 <u>Craniosacral 9-2</u>	17 Myofascial Rel 9-1 Vital Energy 9-1 Deep Tissue 6-10	18 Pranic 6-10	19 <u>Myofascial Rel 9-1</u> <u>Vital Energy 9-1</u> <u>Deep Tissue 6-10</u>	20	21 <u>Sw/Am 9-5</u> Magnets 9-5
22	23 <u>Pranic 6-10</u>	24	25 MERRY CHRISTMAS!!!	26	27	28
29	30	31				